Painting the Buddha Workshop Supply List

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Supply List (Look for YOUR medium of choice below)

The items below are recommended. Buy the best you can afford. Better quality materials mean better results. Hand’s is our local art supply store in Delray Beach. Purchase online from Jerrysartarama, Dick Blick, Cheap Joe’s or go to Jerry’s Artarama in West Palm or Deerfield. Michael’s are convenient but more expensive. Save your receipts for returns.

For All: Get a brush carrier to protect your brushes. Simple bamboo roll-up style, or old placemat works well. Sketchbook or paper and pencil for notes. A glass jar or container for solvents or water for brush preservation and cleaning.

Please bring at least these 4 brushes: Although I have indicated brands, equivalent brands will serve. Robert Simons, Princeton, Isabey, and Bob Ross are all good. The main issue is the shape, size and quality: You need a bristle brush for texture and to start your painting and a softer brush for blending.

1. #4 Flat
2. #6 Flat
3. #12 Round
4. #14 Filbert
5. a bristle brush

Good to have: One round small brush and one small flat for making small lines. Buy medium price range brushes until you know what size and style you are comfortable with.

Hardware store: Two large soft big brushes for covering canvas backgrounds or for very large canvases, also for applying varnish, etc.
Get a brush carrier to protect your brushes. Simple bamboo roll-up style, or old placemat.

Palette and Saran Wrap to cover paint. You can use "Reynolds" freezer paper or disposable palette or any glossy paper palette.

Palette knife: stepped handle, small, medium knife. Metal is best for oils. Old tee shirt rags, paper towel roll. Wet Wipes make clean up easier
Pencil and sketch book or paper for notes and sketches.
Canvas for both Oil or Acrylic: 2-5 pre-primed (gessoed) canvas or primed board (I like the Divinci boards). Size: 16x20 or larger to your liking. Also, a pack of small 12”x12” or 9”x12” canvas boards for experimenting and color play.

Canvas support; bring a desktop or stand easel to work on.

**OIL PAINTING ESSENTIALS:**

Paint: (recommended brands Charvin, Winsor & Newton, Rembrandt)
Cadmium Red or Naptha Red, Alizarin hue, Cadmium Orange, Ultramarine Blue, Phtalo Blue, Pthalo Green or Chromium Green Oxide, Cadmium Yellow, Cad Yellow light, Yellow Ochre, Raw Umber, Burnt Sienna, Titanium White larger (150-200ml), Paynes Gray. These are the essential colors to start with; you may add any colors you prefer.

Mediums/solvents: Windsor & Newton painting medium or linseed oil, (or walnut oil if you prefer). LOW ODOR mineral spirits.

Small covered jars (2 or 3) for mediums and solvent. We use a very minimal amount of this as it is a hazardous material.

**ACRYLIC ESSENTIALS:**

Golden Acrylic Glazing Liquid: satin.
Paint: (recommended brand — Golden or Liquitex heavy body.
Hansa Yellow, Cadmium Orange, Quinacridone Magenta, Naptha Red light, Ultramarine Blue, Pthalo Blue (green shade), Cobalt Blue, Dioxene Purple or Ultramarine Violet, Yellow Ochre, Pthalo Green (blue shade), Titanium White,
Optional, but recommended: Jar regular gel gloss, bottle of polymer medium gloss, other paints: Cerulean Blue, Burnt Sienna, Raw Umber, Paynes Gray (for landscapes and portraits).

A spray bottle with a fine spray to fill with water to keep acrylics wet.
Palette: Masterson Palette Keeper with lid and sponge (large size) to keep paint moist.
Reynolds Freezer Paper (grocery store) or other disposable paper palettes with glossy paper

Palette knife: stepped handle triangular or long straight, small, medium and a flat 1 1/2” wide palette knife. Plastic is best for acrylics.
A spray bottle (fine spray) to fill with water to keep acrylics wet.
Old tee shirt rags, paper towel roll
See brushes and supports below

**Brushes for Acrylics/Oils:**