

**SALLY COOPER'S 3-DAY ABSTRACT IMMERSION WORKSHOP
SUPPLY LIST**

SUPPORTS: (Choose the type(s) of supports you would like to work on.)

Stretched canvas, canvas pads or panels, Crescent Illustration Board, Watercolor Paper either hot press or cold press paper 140 lb. or 300 lb. - **Feel free to work on any size you feel comfortable managing. ALSO, 4 sheets of white poster board (28 x 22)** available at the Dollar Tree, Grocery Store, Office Depot
Please pre gesso all your supports. You can apply a smooth coat or add texture with gesso.

PAPERS:

Several Sheets of Newspaper
Several Sheets of Deli Paper and/or Tracing Paper
Several pieces of brown Kraft Paper or Brown Paper bag

PAINT:

Have ready your favorite acrylic colors and plenty of titanium white and black. A small amount of raw umber and Toning Grey Mid from Chroma Atelier would be handy for neutralizing colors. If you are mixing glazes you may want to have on hand some Zinc White. If you are purchasing acrylic paints, I recommend the following triads of fluid acrylics (choose one):

Indian Yellow, Manganese Blue and Quinacridone Magenta
Nickel Azo Yellow, Ultramarine Blue and Naphthol Red Light

BRUSHES:

Your favorite acrylic brushes in a variety of sizes

SUGGEST: Large Flat (2 inches) I like the Silverwhite or Creative Mark Polar Flow Wash Brands available at Jerry's Artarama 1" China Bristle Brush (Home Depot or any hardware store.)
(See my favorite brushes attachment for additional brush information.)

MEDIUMS:

Liquid Gloss Medium (Golden, Liquitex or Chroma Atelier) also called Polymer Medium Gloss
Golden Glazing Medium Satin or Gloss (Chroma Atelier calls it Clear Painting Medium)

ALSO NEEDED:

Water Container
Paper Towels or Rags
Rubbing Alcohol
Gloves - Vinyl or Latex
One or two metal painting knives
Palette: Paper plates, disposable paper palette pad or a large roll of Reynolds Freezer Paper
Brayer or roller (if you have)
Stamps and Stencils (handmade or purchased)
Styrofoam Plates/Vegetable Tray
Scissors

DRAWING TOOLS - (any of these would be good) Stabilo woodies, graphite sticks and bars, water soluble crayons/pencils, pastels, ink, oil sticks/pencils.

COLLAGE MATERIALS:

If you are interested in experimenting with collage in your paintings, you only need a few items. (Things cut from magazines, newspapers, or interesting papers, Japanese papers. (Bring photocopies if you do not want to use original items.)

SALLY COOPER'S 3-DAY ABSTRACT IMMERSION WORKSHOP FAVORITE BRUSHES

Workshop participants often ask, "What brushes do you recommend?" If you are fairly new to painting and since brushes can be somewhat costly and a personal choice, I hesitate to suggest too many brands on my Supply List. Workshop participants often feel as if they need to purchase everything on the Supply List and I try not to place a burden on anyone. Here are a few of my favorites.

1. Creative Mark Polar-Flo Watercolor Wash Brushes - 2" and 3". It is best to buy these brushes when they are on sale and they go on sale quite often. <https://www.jerrysartarama.com/polar-flo-watercolor-brushes>
2. Silverwhite 2" Wash Brush. This is the wash brush that I used during most of my demonstrating. Love this brush and it is not very expensive. I prefer this brush over the Creative Mark Polar-Flo Watercolor Brushes, although I do use both of them. <https://www.jerrysartarama.com/silver-brush-silverwhite-short-handled-brushes>
3. Color Shaper. Another tool which is becoming a favorite of mine is a 3" color shaper. These come in different sizes and I would recommend buying a 2" and/or 3" wide painting tool Firm Flat 2" or 3". I would not purchase the curved shaper so be careful if you decide to order this color shaper that you get the Firm Flat. <https://www.jerrysartarama.com/colour-shaper-wide>
4. Scroggy's Loose Goose paint brushes are made from squirrel hair, which is extremely soft and pliable. The brush head is just like a "dagger" brush or a "striper" brush head but on a watercolor brush handle. This was the brush that I had attached to the long twig. <https://www.cheapjoes.com/cheap-joe-s-scroggy-s-loose-goose-dagger-striper-brushes.html>
5. Escoda Natural Chungking Bristle Brushes. I love using these brushes in my larger acrylic paintings. <https://www.cheapjoes.com/escoda-natural-chungking-bristle-brushes.html>
6. Princeton 5400EG Series, Egbert, Long Handle Size 6 and 12. This is a floppy brush that holds a lot of paint and helps to keep you loose. <https://www.dickblick.com/products/princeton-refine-series-5400-natural-bristle-brushes/>
7. MasterChinese Calligraphy Brushes (Wolf and Goat Hair). There is a big variety of these brushes. I have purchased a number of different sizes. If you are interested in this brush, it may be a good idea to purchase one 2" long brush https://www.amazon.com/gp/product/B00GNPLB3G/ref=ppx_yo_dt_b_asin_title_o01_o00_s00?ie=UTF8&psc=1 and maybe some smaller sizes https://www.amazon.com/gp/product/B00GNLKHZI/ref=ppx_yo_dt_b_asin_title_o01_o00_s00?ie=UTF8&psc=1